

MAY 2023 GHS LUNCH MENU Milk, Fruit, and Salad Bar served daily.
Menu Subject To Change. All Meals Are Free

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/ BBQ Chicken Rice pilaf ½ c. Mixed Veggies ¾ c. WG Dinner roll 1.25 oz. Mandarin Oranges 1 c.	2/ Ground Beef W/ Macaroni Garlic Bread Sticks Broccoli ¾ c. Diced Peaches 1 c.	3/ WG Stuffed Crust pizza Caesar Salad 1 c. Choc. Chip Cookies Grapes 1 c.	4/ Taco Salad Tortilla Chips 2 oz. Lettuce/Tomato ¼ c. ea. Sour Cream/Salsa 1 oz. ea. Pineapple Tidbits 1 c.	5/ Turkey/cheese WG Hamburg roll Lettuce/tomato ¼ c. ea. Carrot Sticks W/ Dip ½ c. WG sun chips Watermelon Chunks 1 c
8/ Cheesy Chicken-n-Salsa Green Beans ¾ c. WG Dinner Roll 1.25 oz. Pineapple Tidbits 1 c.	9/ Spaghetti w/Meat Sauce Garlic Bread Stick 1 oz. Sautéed Spinach W/Garlic ¾ c. Apple	10/ French Bread Pizza Veggie Medley 1 c. Chocolate Cupcakes W/Frosting Sliced Pears	11/ White Chili Corn Bread x 2 Sliced Carrots ¾ c. Pineapple Chunks 1 c.	12/ Chicken Salad WG Hamburg Roll Lettuce/Tomato ¼ c. ea. Baby Carrots ½ c. Sun Chips Bananas
15/ Chicken Pie Green Beans ¾ c. WG Biscuit Diced Peaches 1 c.	16/ Beef & Broccoli WG Dinner Roll Veggie Medley 1 c. Pineapple Tidbits 1 c.	17/ Bosco Sticks W/Marinara Sauce Broccoli Gingerbread W/Whip Topping Orange	18/ Cheeseburger WG Hamburg roll Lettuce/Tomato ¼ c. ea. Pasta Salad 1 c. Grapes 1 c.	19/ Tuna Salad WG Hoagie Roll (2 oz.) Lettuce/Tomato ¼ c. ea. Cucumber Wedges w/ Dip ½ c. WG Gold Fish Fruit
22/ Chicken Nuggets Rice Pilaf Mixed Veggie ¾ c. WG Dinner Roll Applesauce	23/ Mac-n-Cheese WG Dinner Roll Carrot Slices 1 c. Sliced Peaches 1 c.	24/ WG Pepperoni Pizza Rounds Cole Slaw ½ c. Cucumber Wedges ½ c. Apple Slices 1 c. Sugar Cookie	25/ Corn dog Potato Puffs ½ c. Corn ½ c. Applesauce ½ c.	26/ Ham/ Cheese WG Hamburg roll Lettuce/Tomato ¼ c. ea. Carrot Sticks w/ Dip ½ c. WG Gold Fish Apple
29/ Chicken Patty WG Hamburg Roll Lettuce/Tomato ¼ c. ea. Baby Carrots W/Dip ½ c. Apple Slices	30/ Sloppy Joes WG Hamburg Roll Green Beans¾ c. Pineapple Chunks 1 c. WG Gold Fish	31/ WG Stuffed Crust Pizza Caesar Salad 1 c. Chocolate Chip Cookies Grapes 1 c.		

USDA NONDISCRIMINATION STATEMENT

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

MAY 2023 GHS LUNCH MENU Milk, Fruit, and Salad Bar served daily.
Menu Subject To Change. All Meals Are Free

ESTA INSTITUCION OFRECE IGUALDED DE OPORTUNIDADES.