


APRIL 2024 GHS BREAKFAST MENU Yogurt or Peanut butter available. Milk served daily.

Menu Subject Change

All meals Are Free. Please let us know of any allergies.


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/ WG bagels Fruit Or WG Cereal	2/ Breakfast sandwich Egg/sausage WG Biscuit Fruit Or WG Cereal	3/ WG Breakfast Bar Fruit Or WG Cereal	4/ WG French Toast Bacon Slices Fruit Or WG Cereal	5/ Fruit parfait WG Granola Bar Fruit Or WG Cereal
8/ WG Bagels Fruit Or WG cereal	9/ Breakfast Sandwich Egg/cheese/bacon WG English Muffin Fruit Or WG Cereal	10/ WG Banana Muffin Fruit Or WG Cereal	11/ WG Pancakes Sausage Links Fruit Or WG Cereal	12/ WG English Muffin w/PB, Jelly Fruit Or WG cereal
15/ WG bagels Fruit Or WG Cereal	16/ Breakfast sandwich Egg/Cheese WG English muffin Fruit Or WG Cereal	17/ WG Honey bun Fruit Or WG Cereal	18/ Quiche Bacon Slices WG English Muffin Fruit Or WG Cereal	19/ Smoothie WG Granola bar Asst. Fruit Yogurt Or WG Cereal
22/ NO SCHOOL	23/ NO SCHOOL	24/ NO SCHOOL	25/ NO SCHOOL	26/ NO SCHOOL
29/ WG Bagels Fruit Or WG cereal	30/ Breakfast sandwich Egg/Sausage WG E. Muffin Fruit Or WG Cereal			

USDA NONDISCRIMINATION STATEMENT

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

ESTA INSTITUCION OFRECE IGUALDED DE OPORTUNIDADES.

APRIL 2024 GHS LUNCH MENU **Milk, Fruit, and Salad Bar served daily.**
Menu Subject To Change. All Meals Are Free. Please inform us of any allergies.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/ Cheesy Chicken-n-Salsa Green Beans $\frac{3}{4}$ c. WG Dinner Roll 1.25 oz. Pineapple Tidbits 1 c.	2/ Spaghetti w/Meat Sauce WG Dinner Roll 1 oz. Sautéed Spinach W/Garlic $\frac{3}{4}$ c. Apple	3/ French Bread Pizza Veggie Medley 1 c. Chocolate Cupcakes W/Frosting Sliced Pears	4/ White Chili Corn Bread x 2 Sliced Carrots $\frac{3}{4}$ c. Pineapple Chunks 1 c.	5/ Tuna Salad WG Hoagie Roll (2 oz.) Lettuce/Tomato $\frac{1}{4}$ c. ea. Cucumber Wedges w/ Dip $\frac{1}{2}$ c. WG Gold Fish Banana
8/ Chicken Pie Green Beans $\frac{3}{4}$ c. WG Biscuit Diced Peaches 1 c.	9/ Beef & Broccoli WG Dinner Roll Veggie Medley 1 c. Pineapple Tidbits 1 c.	10/ Bosco Sticks W/Marinara Sauce Broccoli Gingerbread W/Whip Topping Orange	11/ Cheeseburger WG Hamburg roll Lettuce/Tomato $\frac{1}{4}$ c. ea. Pasta Salad 1 c. Grapes 1 c.	12/ Chicken Salad WG Hamburg Roll Lettuce/Tomato $\frac{1}{4}$ c. ea. Baby Carrots $\frac{1}{2}$ c. Sun Chips Bananas
15/ Chicken Nuggets Rice Pilaf Mixed Veggie $\frac{3}{4}$ c. WG Dinner Roll Mandarin Oranges	16/ Mac-n-Cheese WG Dinner Roll Carrot Slices 1 c. Sliced Peaches 1 c.	17/ WG Pepperoni Pizza Round French Fries Garden Salad Apple Crisp Banana	18/ PB & JELLY Cheese stick Cucumber wedges w/ Dip Fresh fruit Sun chips	19/ Ham/ Cheese WG Hamburg roll Lettuce/Tomato $\frac{1}{4}$ c. ea. Carrot Sticks w/ Dip $\frac{1}{2}$ c. WG Gold Fish Apple
22/ NO SCHOOL	23/ NO SCHOOL	24/ NO SCHOOL	25/ NO SCHOOL	26/ NO SCHOOL
29/ Chicken Patty WG Hamburg Roll Lettuce/Tomato $\frac{1}{4}$ c. ea. Baby Carrots W/Dip $\frac{1}{2}$ c. Apple Slices	30/ Sloppy Joes WG Hamburg Roll Green Beans $\frac{3}{4}$ c. Pineapple Chunks 1 c. WG Gold Fish			

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