


MAY 2024 GHS BREAKFAST MENU Yogurt or Peanut butter available. Milk served daily.

Menu Subject Change

All meals Are Free. Please let us know of any allergies.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1/ WG blueberry Muffin Fruit Or WG Cereal	2/ WG Maple Baked French Toast Squares Bacon Fruit Or WG Cereal	3/ WG English Muffin w/PB, Jelly Fruit Or WG cereal
6/ WG Bagels Fruit Or WG cereal	7 Breakfast sandwich Egg/Bacon WG English Muffin Fruit Or WG Cereal	8/ WG Choc. Chip Banana Muffin Fruit Or WG Cereal	9/ Scrambled Egg Bake Sausage Links WG English Muffin Fruit Or WG Cereal	10/ Fruit Parfait WG Granola Bar Fruit Or WG Cereal
13/ WG bagels Fruit Or WG Cereal	14/ Breakfast sandwich Egg/Cheese WG English muffin Fruit Or WG Cereal	15/ WG Honey Bun Fruit Or WG Cereal	16/ WG Breakfast Burrito Sausage Links Salsa Fruit Or WG Cereal	17/ WG English Muffin W/ PB / J Fruit Or WG Cereal
20/ Fruit Parfait WG Granola Bar Fruit Or WG Cereal	21/ Grizzly Griddle Egg/Sausage WG Pancake Fruit Or WG Cereal	22/ WG 2 oz. Pumpkin Muffin Fruit Or WG Cereal	23/ Scrambled Eggs Bacon Slices WG English Muffin Fruit Or WG Cereal	24/ NO SCHOOL
27/ NO SCHOOL	28/ Breakfast sandwich Egg/Bacon WG English muffin Fruit Or WG Cereal	29/ 2 oz. Corn muffin Fruit Or WG Cereal	30/ WG Waffle Strawberries/Whip Cream Sausage Patty Or WG Cereal	31/ Smoothie WG Granola bar Asst. Fruit Yogurt Or WG Cereal

USDA NONDISCRIMINATION STATEMENT

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

ESTA INSTITUCION OFRECE IGUALDED DE OPORTUNIDADES.

MAY 2024 GHS LUNCH MENU **Milk, Fruit, and Salad Bar served daily.**
Menu Subject To Change. All Meals Are Free. Please inform us of any allergies.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1/ WG Bosco Sticks 1 oz. Cheese Stick W/Marinara Sauce ½ c. Veggie Medley ½ c. Strawberries 1 c.	2/ Fish Sticks 4 sticks Sweet Potato Puffs ½ c. Peas ½ c. WG Dinner Roll Sliced Pears 1 c.	3/ Crabby sandwich WG Crescent Roll Lettuce/tomato ¼ c. ea. Cucumber Wedge W/ Dip ½ c WG Gold Fish Grapes 1 c.
6/ Baked Fried Chicken WG Roll Baked Potato ½ c. Sliced Carrots ½ c. Applesauce 1 c.	7/ Meatball Grinders WG Hoagie Roll Green Beans ½ c. Mandarin Oranges 1 c.	8/ Stuffed Crust Pizza Caesar Salad 1 c. Brownie Banana	9/ Cheeseburgers WG Hamburg Roll ColeSlaw ½ c. Potato puffs ½ c. ea. WG Gold Fish Sliced Peaches 1 c.	10/ Chicken Caesar wrap Baby Carrots w/ Dip 3/4 c. WG Wrap WG Sun Chips Watermelon Chunks 1 c.
13/ Shredded BBQ chicken WG Hamburg Roll Green beans Pineapple Tidbits 1 c.	14/ Mac & Cheese Sliced carrots 1 c. WG Dinner Roll 1.25 oz. Sliced Peaches 1 c.	15/ WG Pepperoni Pizza Rounds Mixed Veggie 1 c. Peanut butter cookie Apple	16/ Taco's 2 ea. Spanish Rice ¼ c. Lettuce/Tomato ¼ c. ea. Sour Cream/Salsa 1 oz. ea. Pineapple Tidbits ¾ c.	17/ Ham/Cheese WG Hamburg Roll Carrots&Celery Sticks W/Dip ¼ c. ea. WG Sun Chips Fresh Fruit
20/ BBQ Chicken Rice pilaf ½ c. Mixed Veggies ¾ c. WG Dinner roll 1.25 oz. Mandarin Oranges 1 c.	21/ Ground Beef W/ Macaroni Garlic Bread Sticks Broccoli ¾ c. Diced Peaches 1 c.	22/ WG Stuffed Crust pizza Caesar Salad 1 c. Choc. Chip Cookies Grapes 1 c.	23/ Grilled ham & Cheese WG bread Tomato Soup Celery Sticks ½ c. Mandarin Oranges	24/ NO SCHOOL
27/ NO SCHOOL	28/ Spaghetti w/Meat Sauce WG Dinner Roll 1 oz. Sautéed Spinach W/Garlic ¾ c. Apple	29/ French Bread Pizza Veggie Medley 1 c. Chocolate Cupcakes W/Frosting Sliced Pears	30/ White Chili Corn Bread x 2 Sliced Carrots ¾ c. Pineapple Chunks 1 c.	31/ Tuna Salad WG Hoagie Roll (2 oz.) Lettuce/Tomato ¼ c. ea. Cucumber Wedges w/ Dip ½ c. WG Gold Fish Banana

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